

Homeopathic Remedies for Children

Magnesia Phosphorica	Babies with colic who feel better by doubling up or by gentle pressure and warmth. Worse from light touch or cold. Teething better from pressure or heat.
Nux Vomica	Gassy colic with distention. Baby will be chilly and irritable. Better from warmth and passing gas or burping. Colic may occur after nursing mother has taken rich food, medicines, drugs or alcohol.
Colocynthis	Angry with the pain of colic, screaming, crying, distorted face. Like Magnesia Phosphorica, better from doubling up and warmth. Better from hard pressure (Magnesia Phosphorica is better from gentle pressure).
Lycopodium	Gassy colic with distention, better from passing gas. May be constipated. Worse from warmth and pressure of clothes. Better from loosening clothes and open air. The child will be quite irritable or angry. May occur when child is overfed.
Chamomilla	Angry with the pain of teething, colic or ear infection. Child wants to be carried. Can't be satisfied; give them what they demand and they throw it away. Slow painful teething with green diarrhea. One cheek may be red and the other pale. Baby with colic is not relieved from passing gas.
Pulsatilla	Clingy when sick or in pain. Wants attention and to be held. Chilly, but can't stand heat, better in open air. Discharges yellow or green and thick and bland. Ear infections that develop a few days after the start of a cold with thick green or yellow nasal discharge. Colic in breastfeeding babies when the mother has indigestion from meat or fatty foods.
Belladonna	Sudden onset with throbbing and pulsating pains. May have red face, hot to the touch, with high fever and dilated shining pupils. May be excited, angry or restless. Can become delirious. May bite or strike out. If teething, gums may be swollen or inflamed. If colicky, baby tends to bend backward.
Arnica	First remedy to use for bruises, bumps, cuts and other minor injuries. Reduces pain, swelling, and scaring. Along with Aconitum, use for shock after injury.
Ferrum Phosphoricum	First stages of fever or ear infection with gradual onset. Pale face with red cheeks. Restless and sleepless. Better from cold applications.
Aconitum	Sudden onset of symptoms, especially after exposure to cold dry wind. Or draft. Child is restless, anxious and fearful. Skin is dry and hot, with a throbbing pulse. Ear infection with outer ear swollen, hot, red and painful. Ear pain better from applying warmth. Use Aconitum for fearfulness after an injury. Teething baby gnaws constantly on fingers or fist.
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